

Patient testimonial

(Unicompartmental Knee Replacement v Total Knee Replacement)

“My first full knee replacement, on 2 Feb this year, took at least three months before I felt remotely comfortable and, even now, remains a bit insensitive to the touch. By contrast, following my second, a unicompartmental knee replacement (by Mr O’Leary), I was discharged from the hospital in a little over twenty four hours (compared with the week of my previous incarceration) and I was walking without any form of aid within that week. The pain was similar, but for a far shorter period, and I was able to use stairs normally within two weeks. My physiotherapist commented on how much more flexibility I had compared with the previous knee; she had been so concerned that she photographed my leg bruising and was not able to engage any real exercising for her first two sessions, concentrating primarily on reducing the swelling and fluid build-up. I have also noticed that, when I carry out my physiotherapy exercises, my new knee performs better than the one that had been replaced 6 months previously – I feel I have more control over the joint movement. So far, I am very pleased with the work and I did mention to Mr O’Leary that, were I a quadruped, I ask him to do my other two!!”

Best Regards,
Julian Walton